



Sanborn Regional High School

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SANBORN REGIONAL HIGH SCHOOL

POINTS OF P.R.I.D.E.

October 15th, 2023

A newsletter that promotes our core values of:

***P**ersonalization, **R**isk-Taking, **I**ntegrity, **D**iscovery, and **E**mpowerment*



Important Upcoming Dates:

Monday, October 16th: Financial Aid Night - @6pm
in the Library

Thursday, October 19th: Picture Retake Day

Thursday, October 19th: Spanish Honor Society
Induction - @6pm in the Library

Friday, October 20th: Friday Night Lights Football
Game - @6:30pm under the lights!

A Message from Administration:






Greetings Sanborn Community,

We would like to congratulate our Freshmen, Sophomores and Juniors who completed their PSAT testing today. It is a difficult test and our students managed themselves very well. There was a technical glitch with the College Board proctor site that impacted 3 of our testing rooms. These students and their parents will be contacted by the end of the week with information about a makeup exam.

Additionally, our Seniors had a fantastic day. They spent the morning ordering their Caps and Gowns and then participated in a Financial Fair where they learned about budgeting and how to spend their money wisely when they enter the world of adulthood. The seniors finished their morning with a presentation by the Firehouse Center for the Arts. The presentation was titled Stats Geek in Natick. It follows the story of a young man who struggles with an eating disorder and other mental health issues. The purpose of the presentation is to talk with students about mental illness and the importance of reaching out to others while you deal with the pressures of growing up. The performers complimented the behavior of our students and commented on their maturity in dealing with the issues presented. If your student seems to be struggling with this topic or is having difficulty processing the presentation and the issues discussed, please reach out to their school counselor.

We are so proud of how our students managed the day!

We are looking forward to another great week here at Sanborn!
Best Wishes From Your School Administrative Team,

				
Jennifer Michitson Principal	Dr. Robert Dawson Assistant Principal Athletic Director	Nichole O'Brien Assistant Principal Curriculum	Heidi Leavitt Counseling Director	Louie Vigers Assistant Principal

Athletic Happenings:

Registration is OPEN for Winter Sports!

Click here to register your student-athletes: [Final Forms](#)

Winter Sports:

Basketball (Boys & Girls)

Indoor Track (Boys & Girls)

Cheerleading (Coed)

Bowling (Coed)

Ice Hockey (Boys)

Mon, Oct 16

Girls Soccer home v Campbell, 4:00

Senior Day!!

JV Football at John Stark, 4:00

Tue, Oct 17

Cross Country Home Meet, 4:00 (Plains)

Boys Soccer home v Souhegan, 4:00

Wed, Oct 18

Cross Country @ JV States, 4:00, Coe-Brown

Thu, Oct 19

Girls Soccer home v Monadnock, 6:00

Fri, Oct 20:

Girls Soccer @ Conant, 3:00

Boys Soccer home v Hollis-Brookline, 4:00

Football / Cheer v Laconia, 6:30

Senior Night!

Sat, Oct 21:

No games



For more information regarding HS sports, including contact information for coaches, schedules, etc. may be found here: [HS Athletics Update](#). Fall schedules may be found on the [Combined Schedule](#).

Questions may be directed to Athletic Director Dr. Bob Dawson, at rdawson@sau17.net

October Counseling Office News:

Senior Post-High School Planning Kickoff! There are many events happening in October.

- ★ On October 16th at 6pm in the library, we will host the NH Higher Education Assistance Foundation and they will present a thorough overview of the changes in the Free Application for Federal Student Aid (FAFSA). You will definitely not want to miss this presentation if your student is heading off to either a 2 year or 4 year college.
- ★ All Seniors will be having individual meetings with their school counselor to sign an intent to graduate form. Students will identify the type of diploma they will be earning and they will identify any requirements outside the school day that need to be completed in order to walk across the stage in June.
- ★ Seniors will participate in a Mandatory Senior Day on October 11th. First they will start the day with a Senior meeting and they will order their Caps and Gowns. Then they will take part in a Financial Fair (they will be given a 'job and a salary' and will travel through a month of typical living expenses to have an opportunity to see how much it costs to live in the 'adult' world. They will end the morning with a presentation from Stats Geek of Natick. This 3 man show will speak to the need for connecting with others and taking care of themselves when they are responsible for their own well-being.
- ★ October 11th is PSAT Administration day. All students in grades 9-11 will be taking the PSAT exam. The exam will be 2.5 hours long.
- ★ Students who are interested in the Healthcare field should look for an email from Mrs. Alley. We are organizing field trips to both Exeter Hospital and Portsmouth Hospital to explore the various careers in the healthcare industry.

Free and Reduced Lunch Information:



The school district is facing a demographic change. Historically, participation in free and reduced meal prices has hovered between 14 and 16 percent. Our most recent year, participation has declined to 7 percent. We continue to have food insecurity for some of our students, which has a detrimental effect on student learning and achievement.

With the help of the School Board, we have identified two areas that can have a significant impact on resolving food insecurities, as follows:

1. The School Board approved a "Meal Assistance Program" that receives donated funds to be spent purchasing food for students who do not otherwise qualify for free and reduced meals. To date, the program has received \$1,240.
 - a. Donations can be accepted by mail at 51 Church Street, PO Box 429, Kingston, NH 03848.
 - b. Students in need of meal assistance should speak with their school counselor or school nurse.
2. Families can apply for free and reduced meal prices. Applications can be obtained at the main office of each school or online by [CLICKING HERE](#).
 - a. Qualified families will receive free or reduced meal prices, according to their household income.
 - b. The District will receive additional state aid for "adequate education" and federal grant funding for additional reading and math assistance.

If you have any questions, please contact any school Principal or me, the Business Administrator.

Thank you,

Matt Angell, Business Administrator
Sanborn Regional School District

Classroom and Co-Curricular Happenings:

Key Club wants to Help YOU:

Does your group/organization need help with an event? The Sanborn Regional High School Key Club wants to help! Now it is easier than ever to request help from the Key Club. Simply fill out **THIS FORM**, and someone from the Key Club will be in contact with you. If you have any questions, please reach out to **Meghan Petruzzi** and/or **Jillian Swist**.



FALL FESTIVAL

JOIN US AT SANBORN
REGIONAL HIGH SCHOOL ON
MONDAY, OCTOBER 30TH FOR
FUN FALL FESTIVITIES &
TREATS!



ADMISSION: \$10
YARD GAME COMPETITION
ENTRY: \$10
KIDS TIME: 4PM-5PM
ADULTS HIGH SCHOOL: 5PM-7PM
LOCAL BAND PORCELAIN JUMPSUIT
BAND PLAYING

Stay Connected

<u>SRHS Yearbook Information</u>	<u>School Counseling Update</u>	<u>Student Assistance Program</u>	<u>School Nurse Updates</u>	<u>SoRock Updates</u>
<u>Library News</u>	<u>PTO Announcements</u>	<u>Exeter Adult Ed Information</u>	<u>Outside Organization and Booster Activities</u>	<u>Community Sport Sign Up Information</u>
<u>Seacoast School of Technology Information and Events</u>	<u>Daily Announcements</u>	<u>Student Job Opportunities</u>	<u>2023-2024 SRHS Calendar of Events</u>	<u>Student Group Fundraising Information</u>
<u>Sanborn Seminary Trustees</u>		<u>Visit our Website</u>	<u>Monthly Scholarship Newsletter</u>	